

## ACKNOWLEDGEMENT

I acknowledge my profound gratitude to my guide **Dr. P. SAMRAJ**, Professor and Head, Department of Physical Education, Tamil Nadu Physical Education and Sports University for his valuable sagacious scholastic suggestions, constructive criticisms and encouragement at all stages for the completion of this dissertation.

Boundless will be my indebtedness to **T.S.R. KHANNAIYAN** Chairman, **T.R.K. SARASUVATHI KHANNAIYAN** Secretary and **Dr. V. SOUNDARARAJAN**, Principal Hindusthan College of Engineering and Technology, Coimbatore, for their involvement and encouragement in my professional career.

My thanks are due to **Dr. A. PUSHPARAJAN**, Dean, Department of Physical Education, Karpagam University, Coimbatore, for his tireless support and encouragement.

I register my thanks to **Mr. V. SURESHBABU**, Assistant Professor, Department of Electronics and Communication Engineering, **Mr. M. RAJPRABHU**, Director of Physical Education, HIT and Staff members of Hindusthan College of Engineering and Technology, Coimbatore for their technical support and loving service.

Personally I express my gratitude to **Mr. T. NATARAJ** and **Mr. V. MOORTHY**, Isclor solutions, Coimbatore for their technical support and encouragement to complete this dissertation.

## **ACKNOWLEDGEMENT (Continued)**

Besides I owe my gratitude to **Dr. G. SHANMUGASUNDARAM**, Professor and Head, Department of English, Hindusthan College of Engineering and Technology, Coimbatore for his valuable suggestions, and support for the consummation.

In effable is mine gratitude to **Dr. S. THIRUMALAIKUMAR** Associate Professor, Department of Physical Education, **Dr. J. ANITHA**, Assistant Professor, **Dr. P.K. SENTHILKUMAR**, Assistant Professor, Department of Exercise Physiology, and **Dr. V. MURUGAVALAVAN** Assistant Professor cum Medical officer, Tamil Nadu Physical Education and Sports University, Chennai, for their valuable suggestions, encouragement, help and support for this endeavor.

I register my thanks to the **STAFF MEMBERS** of Tamil Nadu Physical Education and Sports University for their timely guidance, loving service and support.

The investigator is extremely grateful to his fellow Research Scholars **Mr. R.K. SHATHISHKUMAR**, **Mr.T.RAJAVEL**, **Mr. P. VINOTHKUMAR**, **Mr. SUDHAKAR** and all other friends who have helped in the successful completion of this work.

On record I admit my whole hearted thanks to **ATHLETES** from various colleges who extended their amazing support for the data collection and successful completion of this dissertation.

**(RAVIKUMAR. V)**